

Statham Grove Weekly Walk



**Are you a registered patient
at Statham Grove Surgery?**

Do you want to improve your fitness?

**Do you want to be part of the
Statham Grove Surgery community?**

Could you help others to join in?

The Patient Participation Group in partnership with Statham Grove Surgery are hoping to set up a walking group and volunteers to support it. If you are interested in walking or helping, please get in touch.

Write your name in the book at reception

or

Email: cahccg.stathamgrove@nhs.net

Please mention *Walking Group* in the subject of your email